Is fiú agus is féidir

Bua tré iarracht

Gaelscoil na Cruaiche

(*Bunaithe*: 1995. *Príomhoide*: Mairéad Ní Ruáin)

Cathair na Mart, Contae Mhaigheo

Fón: 098 28121 Ríomhphost: cruaiche.ias@eircom.net

Suíomh idirlíne: gaelscoilnacruaiche.com

Polasaí Sláinte agus Sábháilteachta

Chun sláinte agus sábháilteacht gach dalta í nGaelscoil na Cruaithe a chinntiú ar scoil, tá sé tábhachtach glacadh leis na moltaí seo:

- Níor chóir go gcuirfí ar scoil páistí atá tinn.

- Tá sé dhualgas ar thuismitheoirí múinteoirí a chur ar an eolas má tá aon ghearán sláinte ar a bpáiste i.e. asma (múchadh), ailléirgí, míchumas fisiceach etc.

- Tarlaíonn sé go minic go mbíonn míolta cinn ag daltaí. Iarrtar ar thuismitheoirí gruaig a bpáistí a sheiceáil go minic agus cóiriú cuí a dhéanamh de réir mar is gá. Ba mhór an cabhair é ach an scéal a chur in iúl don scoil má tá míolta i ngruaige sa rang, cuirtear na tuismitheoirí uile sa rang ar an eolas le nóta go bhfuil a leithéid í gceist agus iarrtar orthu an fhadhb a réiteach chomh tapaigh agus is féidir.

- Níor chóir do dhaltaí fanacht istigh sa scoil ón gclós ag am sosa/loin ach amháin í gcásanna eisceachtúla, m.sh. géag a bheith i bplástar ag páiste, páiste a bheith ag fanacht le hobráid nó bheith tar éis obráide. Tá sé riachtanach go gcuirfidh tuismitheoirí nóta go dtí an múinteoir na ranga má tá an páiste le fanacht istigh sa scoil aimsir sosa/lóin.

- Ar mhaithe le sábháilteacht na bpáistí, na dtuismitheoirí agus na múinteoirí, mar is eol do thuismitheoirí cheana, tá dian chosc ar ghluaisteáin a thabhairt isteach i gcarrchlós na scoile í rith uaireanta scoile (ach amháin í gcás tiománaithe faoi mhíchumas). Tá slí páirceála lasmuigh de thailte na scoile. Ba chóir aird a thabhairt ar na comharthaí marcáilte tráchta taobh amuigh de gheataí na scoil.

- Osclaítear fuinneoga sna seomraí ranga agus fágtar doirse ar oscailt chun aer breise a ligean isteach nuair is gá.

- Tá uisce lena ól ar fáil sa scoil ach iarrtar ar thuismitheoirí déanamh cinnte go mbíonn go leor le nól ag a bpáiste féin ag teacht ar scoil dóibh.

- Teann na Ranganna ag an leithreas dhá uair in aghaidh an lae. Scaoiltear páistí amach ina dhiaidh sin de réir mar is gá. Ba chóir múinteoirí a chur ar an eolas má bhíonn ar pháiste dul ag an leithreas go han-minic.

- Níl cead ag paistí na nithe seo a leanas a thabhairt ar scoil:

  - Buidéil ghloine
  - Scian phóca
  - Siosúr gear
  - Cipíní solais (lasáin)
  - Cannaí aerasóil
  - Tóirsí (LED)

- Bíonn compáis in úsáid ag na hardranganna le linn ceachtanna matamaitice. Is gá iad a fhágáil sa chás peann luaidhe nó sa bhosca geoiméadrachta nuair nach mbíonn siad in úsáid.

- Mura mbailítear páiste in am ón scoil fanann an páiste taobh istigh de phríomhdhoras na scoile. Cuirtear glaoch ar an tuismitheoir/caomhnóir tar éis 15 nóiméad.

- Uair sa bhliain, cuirtear nóta abhaile ag míniú go mbeidh roinnt turas ag na páistí taobh amuigh de thalamh na scoile agus lasmuigh de ghnáth-tráthchlár na scoile ar nós:

  - Siúl chuig an séipéal
  - Siúlóid staire thart ar Chathair na Mart
  - Siúlóid dúlra
  - Siúlóid chuig an ‘Leisure Park’

  Iarrtar ar na tuismitheoirí a gcead a thabhairt agus nóta a sheoladh ar ais chun na scoile.

- Má bhíonn na páistí ag breathnú ar scannán is gá ceadúnas G (ginearálta) a bheith air. I gcás eisceachtúil (m.sh. Rang 6- Michael Collins) is gá cead a fháil ó na tuismitheoirí roimh ré.

- Má bhíonn achrann idir pháistí, níl sé de chead ag aon tuismitheoir teagmháil a dhéanamh le páiste eile riamh.

- Bailíonn páistí bruscar/ábhair athchúrsála agus cabhraíonn said i ngairdín na scoile. Bíonn lámhainní/cnuasaitheoirí bruscair sa scoil agus dar ndóigh níonn na páistí na páistí a lámha í ndiaidh na gnóthaí.

- Bíonn spúnóga ar fáil sa rang más gá do iógart etc.

- Molann an scoil go mbeadh bricfeasta sláintiúil ag gach páiste agus dóthain codlata gach oíche. Cabhraíonn sin leis na páistí chun tairbhe a bhaint as an lá scoile.

- Níl cead ag tuismitheoirí nó ag cuairteoirí tobac a chaitheamh taobh istigh de gheataí na scoile.

- Níl madraí ceadaithe ar láthair na scoile.

D’fhaomh an Príomhoide Mairéad Ní Ruáin, baill den Bhord Bainistíochta agus baill de Chairde na Cruaiche an polasaí seo ar an 13ú Samhain 2014.

Gaelscoil na Cruaiche
(*Bunaithe*: 1995. *Príomhoide*: Mairéad Ní Ruáin)
Cathair na Mart, Contae Mhaigheo
Fón: 098 28121 Ríomhphost: cruaiche.ias@eircom.net
Suíomh idirlíne: gaelscoilnacruaiche.com

HALTH AND SAFETY POLICY

In order to protect the health and safety of every pupil of Gaelscoil na Cruaiche the following points should be noted:

- No sick children should be sent to school.
- Parents must inform the school of any medical condition suffered by students i.e. Asthma, allergies, physical disabilities etc…
- Headlice is a constant problem in schools. Please check your child's hair regularly and treat appropriately. It would be beneficial to inform the school of your child has head lice. Other parents will be informed by note of the problem.
- Pupils should not stay in from the yard at break-time/Lunchtime except in certain circumstances i.e. broken limbs, pupils after operations etc… It is imperative that parents write a note to the class teacher if the pupil is required to stay in at break-times.
- As all parents are already aware, parking in the school car park is strictly forbidden during school hours. There is a disability space outside the school office.
- Windows are opened in the classrooms and doors are left open to let fresh air in when needed.

- Drinking water is available in the school but parents are asked to ensure that their child has enough to drink on coming to school.

- The classes go to the toilet twice during the day. Outside these times, the children will be excused as needed. Teachers should be informed if a child needs to go to the toilet on a regular basis.

- Pupils are not allowed bring the following items into school:
    - ❖ Glass bottles
    - ❖ Pen knives
    - ❖ Sharp scissors
    - ❖ Matches/ lighter
    - ❖ Aerosol cans
    - ❖ LED torches

- Compasses are used by the senior classes during math lessons. When they are not in use, it is important they be left in pencil cases or in their appropriate geometry set.

- If a child isn’t collected on time from school, the child will wait inside the doors of the secretary’s office. The parent/guardian will be contacted after 15 minutes.

- Occasionally, there will be a note sent home informing parents that there will be some school excursion outside the school grounds and outside the normal school timetable, such as:

    - ❖ Walking to the church
    - ❖ Historical walk around Westport
    - ❖ Nature walk
    - ❖ Walks to Greenway/Knockranny woods
    - ❖ School tours

  Parents are asked to return the signed consent forms for such school events.

- If the children are watching a film presentation, it will need to have a ‘G’ (general) certificate. In cases of exception, permission must be given by the parents beforehand.

- If there is a disagreement between pupils, parents are not allowed to approach the children in question themselves.

- Children collect rubbish/recycling materials and also help in the school garden. There are gloves/rubbish collectors in the school and of course the children wash their hands after any of the above activities.

- The school advises that each child enjoys a healthy, substantial breakfast each morning and a full night's sleep each night. This will help the child to benefit as much from the school day as possible.

- Parents and visitors to the school are not allowed to smoke inside the gates of the school.

- Dogs or pets are not allowed inside the school gates.

D'fhaomh an Príomhoide Mairéad Ní Ruáin, baill den Bhord Bainistíochta agus baill de Chairde na Cruaiche an polasaí seo ar an 13ú Samhain 2014.
This policy was approved at a meeting of the Board of management in consultation with the Parents Committee on the 13th November 2014.